Join the Ellis Rec's 100 Mile Challenge!

Walk or jog and log your miles, then receive a t-shirt when you complete 100 miles.

Date	Distance	Total Distance			
Don't stop yet! There's more space on the back!					

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Keep on Going! Don't Stop Believing! (in yourself!!)

Keep on Going! Don't Stop Believing! (in yourself!!)

Date	Distance	Total Distance	Date	Distance	Total Distance
You are	AMAZING! You ne	ed another page!	You are	AMAZING! You ne	ed another page!